

# Our Year in Review

## Meet our Community Educator

Hello! My name is Leslie Krebs-White and I am the new Community Educator at RCIS. I started in March 2020 and I was able to give two presentations at Westminster High School before the COVID-19 shut down. As you know, it had many of us scrambling and trying to figure out how we are going to provide services. For the remainder of the 2019-2020 school year, I worked on a tool kit with CCPS to distribute to the parents. This toolkit provided information and referrals as well as ways to talk to their child about these sensitive topics. The 2020-2021 school year has started off virtually and we have all learned to adjust to this new normal. My presentations have been transformed into an interactive virtual format. It is not ideal to be presenting and not seeing students' faces but I am happy to be able to provide this information to them. I will continue to pivot and learn new ways to present to the students at CCPS.

For a fourth year, the Community Educator gave presentations in Health classes at all Carroll County Public Middle and High schools. The presentations focus on age-appropriate prevention curriculum.

### School Year 2019-2020

Middle School Presentations: **114**  
 High School Presentations: **41**  
 Total School Presentations: **155**

Middle School Students: **2,544**  
 High School Students: **1,013**  
 Total Students: **3,557**

Total Presentation Hours: **128.6**

Total Face-to-Face Crisis Interventions: **15**  
 Total Anonymous Disclosures: **63**  
 Cancelled Presentations due to COVID-19: **67**



**Save the Date!**  
**13th Annual Walk a Mile in Her Shoes®**  
**Saturday, April 10, 2021**

Dear Friends of RCIS:

The COVID-19 pandemic has caused not only great illness, death and distress, it has caused hardships with the giving to non-profits, as funds are limited. In the past, you have graciously supported Rape Crisis Intervention Services with generous contributions. Please consider making a donation during our Annual Giving Campaign. Rape Crisis Intervention Service of Carroll County (RCIS), works diligently to help individuals and families recover and heal from the devastating effects of sexual violence. **In FY19-20, RCIS answered 519 hotline calls, conducted 403 therapy sessions, and provided sexual assault education to over 3,500 students in Carroll County public middle and high schools.**

We hope that you see the benefits of having such an organization in your community to help deal with sexual violence. To provide these services, RCIS relies on grants from Federal, State, and County sources as well as contributions from local businesses, organizations and individuals. Funding from grants can be unstable from year to year as the economic environment changes, and new grant sources are often difficult to find. Therefore, community support has become an even more important part of making our services available.

Please consider supporting our Annual Giving request as RCIS moves forward to provide services in the community. Stay well and safe.

Sincerely,

Norma Jean Swam RCIS, President Board of Trustees

## How Your Donation Supports Survivors

<b>\$1</b>	Creates a single RCIS brochure to give to a survivor in need of our therapeutic support services.	<b>\$25</b>	Provides comfort toiletries to a survivor receiving a sexual assault forensic exam at Carroll Hospital Center.
<b>\$50</b>	Ensures a survivor or loved one will hear an empathetic voice through our 24-hour hotline for 30 minutes.	<b>\$75</b>	Allows one of our trained advocates to accompany a survivor to the hospital or their court proceedings.
<b>\$100</b>	Provides a 1 hour walk-in crisis intervention session with one of our trained trauma-informed advocates.	<b>\$150</b>	Provides 1 hour of therapy for a survivor or loved one with one of our licensed trauma-focused therapists.
<b>\$400</b>	Provides the initial 10-hour advocacy training for one of our hotline and hospital accompaniment volunteers.	<b>\$\$\$</b>	Impacting the lives of survivors of sexual violence? Priceless.

You can make a difference. Don't stand by, stand up.  
 Donate today at [www.rapecrisiscc.org](http://www.rapecrisiscc.org)

**"I'm very grateful for the support and counseling I receive. The process is hard and difficult at times, but I know I'm no longer alone in dealing with the issues." -RCIS Therapy Client**

*RCIS is committed to providing services regardless of race, color, religion, sex, sexual orientation, national origin, marital status, political affiliation, age, disability, genetic information, or any other basis that would be a violation of federal or state law.*



## 12th Annual Walk a Mile in Her Shoes®

## RCIS Service Volume Report FY20



### Overview of RCIS Operations

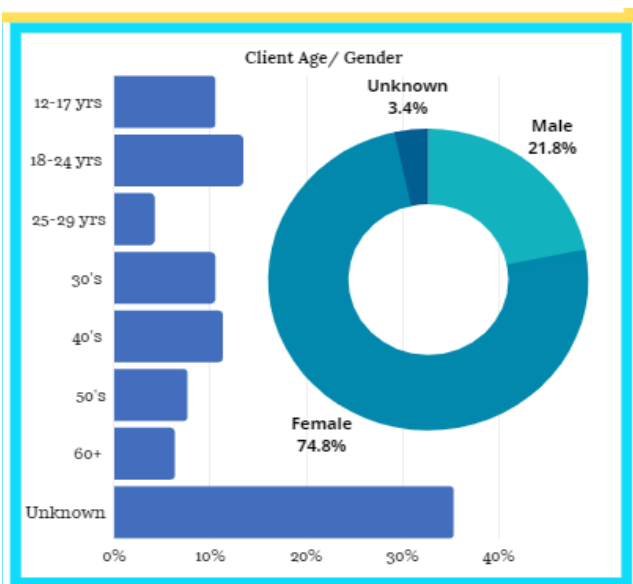
#### Hours of Operation

Hotline: 24-hours a day, 7 days a week  
 Hospital Accompaniment: 24-hours a day, 7 days a week  
 Therapy: By appointment  
 Walk-in Crisis & Office Hours: M-Th 9am-5pm; F 9am-4pm

#### Accessibility

Handicapped Accessible  
 Hearing Impaired: TTY users call via MD Relay  
 Limited English Proficiency: Utilize a nationwide telephone translation service

<b>Total Clients Served</b>	<b>209</b>
New	168
Carry forward	51
<b>Total Telephone Services</b>	<b>1,262</b>
Hotline/Crisis	519
Follow Up Calls	622
Hotline/Info & Referral	22
Left message	31
Attempted/no answer	68
<b>Total In-Person Service</b>	<b>583</b>
Therapy Sessions	403
In-Person Counseling	147
Hospital Accompaniments	22
Court Accompaniments	9
School/Other Accompaniments	2



### Become A STAR Volunteer!

Due to COVID-19, RCIS employees began working from home earlier this year. However, this did not stop our hardworking team from continuing to provide free and confidential services to survivors and their loved ones. RCIS employees put their heads together and worked tirelessly to successfully implement new virtual individualized therapy, walk-in crisis intervention services, and volunteer trainings. We hosted our first ever virtual volunteer training back in October, and we are so excited announce that we have personally trained 4 new passionate individuals who have joined our RCIS volunteer family!

To continue to provide essential services such as our 24-hour hotline to survivors and their loved ones, we are in great need of volunteers! If you have ever thought about becoming a volunteer with us, the time is now! Interested individuals must be at least 18 years of age, successfully pass a criminal background check, reside within one-hour of Carroll Hospital Center, and successfully complete initial RCIS 10-hour training. No experience is required; however, we ask potential volunteers to have a high-school diploma, or equivalency, and the desire to help others. For more information on volunteering with RCIS and to locate a volunteer application please visit: [www.rapecrisiscc.org/volunteer](http://www.rapecrisiscc.org/volunteer). For any questions regarding becoming a volunteer, please email [khuber@rapecrisiscc.org](mailto:khuber@rapecrisiscc.org).