

CARE HEALING CENTER PRESENTS

TAKE BACK THE NIGHT

Glow Yoga

COME UNWIND AND RELAX AT OUR FREE YOGA SESSION!
WHILE THIS CLASS IS COMPLETELY FREE, WE KINDLY
ENCOURAGE DONATIONS TO SUPPORT THE CARE HEALING
CENTER'S MISSION OF PROVIDING TRAUMA-INFORMED
SERVICES TO SURVIVORS IN OUR COMMUNITY.

Please bring
your own yoga
mat if you have
one! Mats are
limited!



Only 25 spaces
available! Sign
up today!

FRIDAY, APRIL 11, 2025 AT 7 PM

Downtown Yoga, Barre, and Cycle
13 Liberty St., Westminster, MD 21157

Scan to Donate

